

Directions to HOPEFitness Nassau Center

2750 North Jerusalem Road, North Bellmore, NY 11710

(One Block West of Rosemary Kennedy School)

1-877-396-HOPE



From the Southern State Parkway

Go to Exit 25N (Rt. 106N East Meadow).

Go ½ mile to N. Jerusalem Road.

(Walgreen's is on the corner) Turn right.

Go ½ mile on N. Jerusalem Rd.

HOPEFitness is on the right hand side after 7 Eleven

From the Northern State Parkway

Go to the Wantagh Parkway South.

Go to the Southern State Parkway West to Exit 25N
(Rt.106N East Meadow).

Go ½ mile to N. Jerusalem Road.

(Walgreen's is on the corner). Turn right.

Go ½ mile on N. Jerusalem Rd.

HOPEFitness is on the right hand side after 7 Eleven

From the Meadowbrook Parkway

Take the Meadowbrook Parkway to the Southern State Parkway East.

Go to Exit 25N (Rt. 106 East Meadow).

Go ½ mile to N. Jerusalem Road.

(Walgreen's is on the corner). Turn right.

Go ½ mile on N. Jerusalem Rd.

HOPEFitness is on the right hand side after 7 Eleven.

From the Meadowbrook Parkway

Take the Wantagh Parkway to the Southern State Parkway West

Go to Exit 25N (Rt. 106 East Meadow).

Go ½ mile to N. Jerusalem Road.

(Walgreen's is on the corner). Turn right.

Go ½ mile on N. Jerusalem Rd.

HOPEFitness is on the right hand side after 7 Eleven.