

Directions to **HOPEFitness Nassau**
2750 North Jerusalem Road, North Bellmore, NY 11710
(One Block West of Rosemary Kennedy School)
1 (877) 396-HOPE** (4673)**



From the Southern State Parkway:

Go to Exit 25N (Rt. 106N East Meadow).
Go ½ mile to N. Jerusalem Road.
(Walgreen's is on the corner) Turn right.
Go ½ mile on N. Jerusalem Rd.

HOPEFitness is on the right hand side after 7 Eleven

From the Northern State Parkway:

Go to the Wantagh Parkway South.
Go to the Southern State Parkway West to Exit 25N
(Rt.106N East Meadow).
Go ½ mile to N. Jerusalem Road.
(Walgreen's is on the corner). Turn right.
Go ½ mile on N. Jerusalem Rd.

HOPEFitness is on the right hand side after 7 Eleven

From the Meadowbrook Parkway:

Take the Meadowbrook Parkway to the Southern State Parkway East.
Go to Exit 25N (Rt. 106 East Meadow).
Go ½ mile to N. Jerusalem Road.
(Walgreen's is on the corner). Turn right.
Go ½ mile on N. Jerusalem Rd.

HOPEFitness is on the right hand side after 7 Eleven.

From the Wantagh Parkway:

Take the Wantagh Parkway to the Southern State Parkway West
Go to Exit 25N (Rt. 106 East Meadow).
Go ½ mile to N. Jerusalem Road.
(Walgreen's is on the corner). Turn right.
Go ½ mile on N. Jerusalem Rd.

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